

## ⋮ Xtra Enzymes

**KCAP Model Number: KCP-2029**

Promotes health in muscles, joints, circulatory, and immune system.

These enteric coated enzymes work 'systemically' because they are absorbed intact into the small intestine and transported through the blood stream degrading inflammatory mediators (proteins) that contribute to joint pain and soft tissue inflammation.

## ⋮ Joint Flex

**KCAP Model Number: KCP-2142**

Cartilage, ligament and tendon repair.

Glucosamine sulfate has been shown to stimulate articular cartilage and connective tissue repair in patients with osteoarthritis.

Glucosamine sulfate activity is enhanced when combined with the sulfur bearing compound MSM, a necessary element for collagen synthesis.

## ⋮ Max EFAs

**KCAP Model Number: KCP-2081**

Decrease inflammation, increase reaction time, helps blood pressure and hormone production.

Essential Fatty Acids (EFAs) are fatty acids that the body cannot produce on its own.

They are very important for the growth and maintenance of the body's cells and must be obtained through diet.

## ⋮ Vita D

**KCAP Model Number: KCP-2135**

Stimulates growth and size of muscle fibers

Vitamin D is unique in that it has both natural steroid and hormone properties which means that Vitamin D is important to athletic performance.



## ⋮ Is This For You

In every sport if you train hard and play hard the fact is you are going to get banged up and have sore knees, feet, back, etc.

Our Soreness Relief package helps your body rebound at an accelerated rate allowing you to feel your best.

## ⋮ Benefits

- Supports cartilage, ligament and tendon repair
- Helps decrease inflammation
- Stimulates growth and size of muscle fibers
- Helps circulatory, and immune systems
- Helps blood pressure and hormone production

## ⋮ Take The Test

This protocol should be used daily in addition to normal treatment such as icing, chiropractic, physical therapy

- Take **Joint Flex** - 3 per Day
- Take **Max EFAs** 2 per Meal
- Take **Vita D** - 2 to 4 drops per Day
- Take **Xtra Enzymes** – 4 to 8 tablets on empty stomach 1 hour to 30 minutes before practice starts , then 4 to 8 tablets with 10 ounces of water immediately after practice