

## Max EFAs

**XCAP Model Number: XCP-2081**

Essential Fatty Acids (EFAs) are fatty acids that the body cannot produce on its own.

They are very important for the growth and maintenance of the body's cells and must be obtained through diet.

Decrease inflammation, increase reaction time, helps blood pressure and hormone production.

## Xtreme Protein

**XCAP Model Number: XCP-2104**

Builds muscle by stimulating maximum protein synthesis.

Fast acting Ultra Low Temperature, Micro-Filtered, Xtreme Protein contains 12 times more GMP than ion exchanged Whey Protein isolates. This process allows us to provide undenatured protein with a full balance of bioactive whey protein fractions.

## 4Ever Greens

**XCAP Model Number: XCP-2074**

Helps block inflammation and antioxidants

4Ever Greens incorporate high amounts of antioxidants, and add a considerable increase to the number of daily servings of fruits and vegetables.

Green drinks have been accredited to having an alkalinizing effect on the body.

## Natural Mins

**XCAP Model Number: XCP-2036**

High absorption electrolyte replacement

Due to the large scale of deficiency of minerals in our current food supply everyone should be taking minerals on a daily basis



## Is This For You

Are you looking to cover your nutrient needs while providing a regimen of supplements that support your health?

Do you want to do this with organic vegetable sources and the highest quality products available?

## Benefits

- Helps detoxify your system daily while supporting glutathione production. (Your body's anti-oxidant system)
- Provides plant chemicals known to support blood pH and fight disease
- Provides necessary amino acids for cell repair, immune system repair
- Provides essential fatty acids that help your heart function and decreases inflammation
- Provides highly absorbable minerals necessary in cellular processes

## Take The Test

- Recovery Shake - One Per Day
  - 4Ever Greens - 1 scoop
  - Xtreme Protein (Whey Isolate) - 2 scoops
  - 20 oz. of ice water
- Take Natural Mins - 4 per day in equal doses
- Take Max EFAs - 6 to 8 per day in equal doses
- Exercise 30 Minutes a day